

ASD Family Help

Pembrokeshire

Registered Charity No. 1135718

**Supporting parent/carers with a young person on
the autism spectrum**

Pre and Post Assessment

*Connecting and understanding how autism affects our young people is
the key to supporting our children.*

We offer:

- **Helpline service** – Offering a friendly listening ear along with ideas and solutions/resources
- **Peer Parent/Carer Support Coffee Groups** – A chance to meet other families and share any concerns, to know you are not alone.
- **Autism Advice Workshops for Parent/Carers** - Covering a range of different topics with lots of great information and strategies to support your young person.

Like our Facebook Page

ASD Family Help – Pembrokeshire

**to be kept up to date with all of our
events and see our regular Top Tips that we post.**

**Please contact Melissa if you have any questions
melissa@asdfamilyhelp.org or text/phone: 07384 733658**

Funded By

