

## Dementia Matters in Powys - we are here for people living with and affected by Dementia

### MEETING CENTRES

FIVE Meeting Centres in Powys – part of the UK wide Programme



### HYBRID MEETING CENTRE

Link in to the physical Meeting Centres from home or whilst on the road!



### CARER'S SUPPORT

Online Peer Support groups and telephone support/advice/information



### DIGITAL CONNECTIONS

Loan equipment and support to help you get connected with others and Virtual Reality headsets for fun and relaxation!



### TELEPHONE SUPPORT

Telephone contact from staff and Volunteer Telephone Buddies



### BEFIENDERS

Support with everyday practical issues



### KNIT N NATTER

Join a group of enthusiastic knitters online every month



### GARDEN TIDY-UP

DMIP Volunteer gardener will help to tidy your outdoor space

Helping you to adjust to change



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creating communities where Dementia Matters

