

14th September

Favourite Musicals



Sing-a-long to some well known songs from our favourite musicals



We shall be joined by Impelo who will be providing some gentle chair exercise to well known songs from musicals.

Impelo

28th September

"The Singing Farmer" John Hughes



Just the guitar today - no dog!
For a sing-a-long with John



12th October

Poetry

The most beautiful things in life are not just things, they're people, and places, memories and pictures they're feelings and moments and smiles and laughter.

We'll share your favourite poems and maybe hear some that you've written

*"I wandered lonely as a cloud"
by William Wordsworth*