



FREE and discounted creative sessions for unpaid carers

Thanks to funding from the Supporting Communities Action Fund Living Well This Winter grant we are delighted to be able to offer:

Nature inspired pottery course (3 x 3 hour sessions)

Collect items from nature and use them to create your own masterpiece. Suitable for beginners.

Wednesday mornings (10am-1pm) 1st, 8th and 22nd March 2023

Friday evenings (5-8pm) 3rd, 10th and 24th March 2023

*6 FREE places available and 6 places @ £30 for all 3 sessions
(usual cost of course £135)*

Introduction to drawing and watercolour painting

Have a go at simple drawing techniques with a range of mediums like charcoals and pastels. Explore watercolours, create texture and learn some tips and tricks. It's not about being able to draw, but relaxing using art.

*6 FREE places available - Saturday mornings (10-12.30am)
11th, 18th and 25th February 2023*

Register your interest on our website

<https://www.eastgatecreativehwb.co.uk/unpaidcarers/>

or contact Dilys eastgatehwb@outlook.com or 07736 120580

About Eastgate Creative Hwb CIC

Eastgate Creative Hwb is a new CIC which aims to provide benefit to people in Pembrokeshire and elsewhere, including those working in the creative arts, those seeking to develop skills and employment within the creative arts, those seeking education and wellbeing improvements through creative arts, and the wider community, by:

- proactive support to nurture artistic activity
- educational opportunities within the creative arts
- a route to connect with other members of their community through art
- provision of a safe, accessible, inclusive community art venue
 - promotion of the value and benefits of art.

We have a gallery and shop in Pembroke at 132 Main Street (near the Coop) which is run by volunteers. All profit from the shop, gallery and paid workshops is used to further our social objectives.

Use this QR code to sign up to our mailing list 😊

