# CREATIVE COMMUNITIES: TYWI VALLEY 2022

Arts Care Gofal Celf bringing professionally led art workshops to adults recovering from mental ill-health

All Thursdays 1-3pm

### In Llangadog Community Hall

20th January- Wire and bead dreamcatchers
27th January- Macrame leaf hangers
17th February- Wildlife illustration
24th February - Watercolour painting
24th March- Ceramics/ pottery
31st March- Yoga

### <u>In Llandeilo Civic Hall</u>

3rd February - Wire and bead creations

## <u>In Llandovery -</u>

**Rhys Pritchard Memorial Hall** 

3rd March - Wire and bead flowers

### **In Ammanford**

Pensioners Hall, Quay Street

7th April - Wire tree of life creations

# **Booking essential:**

email: rachel@acgc.co.uk or leave a message on 01267 243815

FREE CREATIVE WORKSHOPS SUPPORTING WELLBEING WITH ACGC











