

01545 570686



RAY CEREDIGION

Pengloyn, Tabernacle Street, Aberaeron Ceredigion SA46 0BN

www.rayceredigion.org.uk

RAY Ceredigion Volunteering Opportunities 2022

Projects	Information	Days & hours
RAY DYMA NI & RAY Social Club	Support RAY Staff with weekly activities for young adults with disabilities, aged 17 – 30 includes gardening, baking, woodwork, art and more and/or support the monthly RAY Social Club on Friday evenings	Dyma Ni- 10am – 2pm Every Tuesday & Thursday Social club- first Friday of the month 6pm – 9pm
RAY Family Centre	Support RAY staff to provide drop in sessions, messy play, singing, cooking, outdoor play for families, babies and pre-school children	Weekly, day time sessions
RAY Open Access Outdoor Community Play Sessions	Support our team of playworkers to provide outdoor play in communities including Cardigan, Llandysul, Lampeter and Penparcau	School holidays and after school
RAY Actif Youth Club	Supports our RAY youthwork team to deliver weekly after school, weekend and school holiday sessions we have groups for secondary and primary age range	After school Mondays, Tuesdays and Wednesdays term time + Monday - Thursday in school holidays
RAY Forget Me Knot dementia support group	Come along and support our Coordinator with this group for people with dementia and their carers	Weekly on Fridays starts at 10.30am-1pm
RAY Wildlife Garden	Come along and help us maintain our wildlife garden	ongoing
RAY & Repair Café	We are looking for volunteers with repair skills with electrical items, woodwork, sewing skills, ICT Skills and more to attend a weekly repair café plus someone able to PAT Test and a volunteer willing to help organise the weekly sessions	First Saturday of each month 10am-1pm
RAY Office & Admin	Volunteer support is welcomed in our friendly office	Mondays to Fridays office hours

For more information, please contact RAY Ceredigion Volunteering Coordinator
07500 802 590 rayvolunteering@rayceredigion.org.uk