

What Does NMVB Do?

- ◆ We work hard to arrange placements based around volunteers' needs and interests.
- ◆ We also work with volunteers to help them identify what kind of opportunity would suit their experience, skills and / or aspirations.
- ◆ We advertise a range of opportunities within the bureau, but we can also work to find ones that suit potential volunteers or even create opportunities.
- ◆ We work with a number of statutory, private and third sector organisations to identify meaningful volunteering opportunities. We are also a designated
- ◆ regulator for the Volunteering Wales website www.volunteering-wales.net where new volunteering opportunities are added regularly.
- ◆ We encourage support / supervision sessions to ensure that volunteers are happy with their
- ◆ placements and getting the most out of them.
- ◆ As a volunteer bureau, we also give advice on and promote good practice in volunteering to other organisations.

What Can You Do?

You choose how much time you can give. It may be an hour a week, one day a week or occasional.

However much time you can spare we can make good use of it.

Volunteering gives you the opportunity to try new things, meet people and make friends.

Volunteering is also an excellent way of gaining extra skills which can help you in job hunting or a great addition to college applications.

For Further Details Contact:

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