

Keep in touch

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Find us

There are maps on the back of this leaflet showing how to find our two venues on Gower.

We're a Social Business

Since 2005 we've been exploring new ways of bringing out the best in people whilst also creating a world which is good for people and good for nature. We're a social enterprise which means each and every penny we earn is used for doing more positive work. Together we can create a better world.

Down to Earth Project is a not-for-profit social enterprise and a company limited by guarantee, no 5342802. Registered office: 72a Manselfield Road, Murton, Swansea, SA3 3AP

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Lywodraeth Cymru
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ABOUT US

We believe we can create a better world – one which is good for people and good for the planet. We believe in tackling inequality and tackling the challenges of sustainability – at the same time – through a new inclusive way of working. We do this through supporting people who are often on the margins of society – believing in people and creating opportunities to build a better world.

Fit for the Future

Using natural materials and renewable technologies, we know we can create buildings and infrastructure which are fit for the future - changing lives in the "here and now" and for future generations.

Recent Awards & recognition

Journal of Mental Health:
Clinical research publication 2020 & 2022

Social Business Wales Awards:
Winner in *Impact* category 2022

Social Business Wales Awards:
Winner in *Health Care* Category 2019

Social Enterprise UK Awards:
Finalist in *Health Care* Category 2019



MURTON SITE



Our first site demonstrates the potential of believing people can create a brighter future. Since 2005, we've created a remarkable and inspirational venue: hand-crafted by our groups and demonstrating how it is possible to bring together the best of the old and the new to build a zero-carbon outdoor learning venue.

Natural buildings and beautiful architecture

Experience remarkable buildings made with natural materials – designed to be good for people and good for the planet. From timber frame buildings filled with natural insulation to earthen buildings with green roofs, our buildings are unlike anything you'll have experienced before. They "breathe" naturally and they attract biodiversity – they show how buildings can benefit people and the planet and can be created through a community-centred approach.

Renewable technologies

We are early adopters of renewable technologies. Our solar electric (22kW) array generates all of our day to day electricity needs – and we import 100% renewable electricity for our Electric Vehicle charge points. We harvest rainwater for our flushing toilets and our small holding needs and we even have our own ecological sewage treatment system. We mainly heat our buildings from the sun and from using highly efficient wood burners with firewood supplied from our own woodland activities.

Venue Hire

This beautiful site is available to hire for smaller and larger events. Being only 10 minutes' walk from Caswell Beach and a 5 minute drive from Mumbles, it's ideally located and yet feels in a world of its own.

Visit Murton Site:

Down to Earth Project, 72A Manselfield Road, Murton, Swansea, SA3 3AP

What 3 Words: **tapes.earlobe.newsreel**

Tel: 01792 232 439

Email: info@downtoearthproject.org.uk

Rapid Electric Vehicle Charge Point. 100% renewable!

 e-vehicle charge points
1 x 50kW DC
4 x 22kW AC



LITTLE BRYN GWYN SITE



Our second site showcases jaw-dropping architecture built to exceptional sustainability standards. Little Bryn Gwyn has been designed to demonstrate how our approach works with larger scale infrastructure and provides more capacity and inspiration for larger group bookings.

Natural buildings and beautiful architecture

Like our first site, you'll experience remarkable buildings made with natural materials – designed to be good for people and good for the planet. Little Bryn Gwyn showcases commercial construction standards delivered through our unique health-care centred model working with groups from vulnerable backgrounds. Round pole buildings with spiralling roofs, hardwood floors and clay plasters, our buildings are a sensory sensation and "breathe" naturally.

Renewable technologies

We design our sites around the sun. Our 11kW solar electric (PV) array produces our electricity. Our south facing buildings are designed to be heated by the sun in the colder times of the year, and shaded from the sun in the warmer months. With a ground source heat pump and highly efficient wood burners, we have buildings

which show it is possible to blend the best of the old and new.

Venue Hire

This beautiful site is available to hire for smaller and larger events. Adjacent our site is the Valleys Kids residential centre which we built with young people. This fantastic facility can be booked directly with Valleys Kids.


Visit Little Bryn Gwyn Site:

Down to Earth Project, Little Bryn Gwyn, Cilibion, Near Llanrhidian, Swansea SA3 1BG

What 3 Words: **scrolled.songbirds.toads**

Tel: 01792 232 439

Email: info@downtoearthproject.org.uk

 e-vehicle charge points
2x 7kW



Down To Earth 
CREATING A BETTER WORLD TOGETHER



downtoearthproject.org.uk



LEARNING & ADVENTURES

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We have an 18 year track record in offering award-winning, outdoor-based programmes which are designed to bring out the best in people. Through a relationship-centred approach to learning and developing well-being, our accredited opportunities support young people and adults from many different backgrounds to thrive.

Types of programmes

We offer short and long term accredited programmes either on our own venues or we'll happily base our programmes at a venue nearer to you.

Adventure Activities

Based on the stunning Gower peninsula, we offer coastering, tree climbing, rock climbing/ abseiling as well as coracle adventures.

Accreditation

As an Approved NOCN and Agored Cymru centre, we can offer full or part qualifications in a diverse range of subject areas from construction to cooking to woodland management.



SUSTAINABLE CONSTRUCTION & ARCHITECTURE

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Using sustainable and natural building methods, we offer fully inclusive, commercial construction opportunities to a wide range of community groups.

Our in-house architecture team enable us to offer a unique approach to designing remarkable buildings.

Through accredited and well-being centred programmes, we create spectacular buildings which are good for people and good for nature.

Re-building lives through a health-care centred approach

Our ground-breaking approach to construction is clinically proven to improve mental health. The results are not only transformational for the people involved but also the creation of a building genuinely built by and for the community.

Community-led and social housing

We are now creating homes which are fit for the future with communities at the centre of designing and building them.



VENUE HIRE & CORPORATE EXPERIENCES

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Whether you're looking for an inspirational team building day or simply looking for a remarkable, nature-centred venue to host your own event, we can offer tailor made experiences which create unforgettable memories.

Venue hire

From small board meetings to conferences, we have two venues on Gower with diverse spaces for differing needs - all built with natural materials and surrounded by beautiful wildlife whilst also offering superfast broadband and rapid EV charge points.

Team Building

Alongside venue hire, we can offer a range of experiences to bring out the best in your team. From coastering on the stunning Gower coastline to building something remarkable together with natural materials, we have a long track record of offering team building experiences with a difference!

Catering

We believe in embedding our approach in everything we do so we only offer organic and fair trade drinks. We also work with local caterers to provide a range of options for differing needs.

Spectacular giant tipis

Our hugely popular giant tipis hold up to 140 people for table based events and even more people in other formats.



HEALTH, WELL-BEING & IMPACT

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Down to Earth offers life changing experiences through meaningful outdoor activity: from creating spectacular buildings with natural and sustainable materials to sustainable land management.

Our evidence-based approach is founded on 12 years of academic and clinical research. We believe in a holistic way of delivering health care through meaningful outdoor activity. Based on a relationship and participant centred approach, we provide a vocational way of improving well-being through using natural materials, the natural environment and adventures.

Peer-reviewed research and international publications

With clinical studies and peer-reviewed papers in the *Journal of Mental Health*, we know our approach is as effective as anti-depressants.



My emoji - our inclusive mental health impact app

Based on over 5 years of research culminating in a landmark journal paper, we have digitized our inclusive impact measure for tracking change in mental health. This new app will make the impact measure even easier and quicker to use!

Who do we work with?

We specialize in being inclusive - and we focus on working with the most excluded and vulnerable communities. With both young people and adults, we believe in offering the very best to those who have the very least. These are the types of groups we work with:

- Health boards: brain injury, stroke, low secure mental health, cardiology
- Young people: looked after, "NEET", at risk of/ or excluded, at risk of/ or offending
- Adults: long term unemployed, homeless, drug/ alcohol, asylum seekers/refugees