

FCN | THE FARMING
COMMUNITY
NETWORK

Here for *you*



Listening
Supporting
Connecting

Helpline:

03000 111 999

e-Helpline:

help@fcn.org.uk

Join us in helping to create a resilient farming future...

What we do

The Farming Community Network (FCN) helps members of the farming community manage and thrive through difficult times and periods of change.

How we're making a difference...

FCN provides a listening ear and **essential support to those in need.**

Our network of 400 volunteers in England and Wales have a great understanding of the issues farm workers and farming families regularly face.

Founded in 1995, **we have helped thousands** of people deal with a wide range of issues, from financial difficulties and animal disease to mental ill-health.

We run a free, confidential national Helpline (**03000 111 999**) and e-Helpline (**help@fcn.org.uk**) which is open every day of the year from 7am-11pm.

No matter how big or small, if you have something on your mind, we are **here for you.**





FCN has been a great help and friend, giving knowledgeable and sympathetic support and always taking the time to talk.

Jim and Sue, Farmers, Northumberland



Can we help you or someone you know?

If you are going through a tough time or are concerned about the welfare of someone close to you, talking to FCN can make a huge difference. We can help you work out the next steps to take to overcome whatever hardship you may be experiencing.

Become a volunteer and help farming families

We have volunteers of all ages working with FCN, united by a passion to create a more resilient farming future for everyone and help those in need. Becoming an FCN volunteer is a great way of making a real difference and giving something back to the farming community.

Find out more about joining FCN: fcn.org.uk/volunteering

FarmWell

Whatever challenges you may be facing on your farm, our online resilience hub, FarmWell, provides useful information around a wide variety of topics and signposts the best places to get help and support.



Visit farmwell.org.uk to find out how we can support your personal and business resilience.

Thinking ahead? Preparing for change? Planning succession? Exploring your options?

Our #TimeToPlan project can help you plot a course for the future of your farm business. Visit farmwell.org.uk/time-to-plan



Fundraising & partnerships

Organising a fundraising event is a fantastic way to raise money for FCN and help us to continue supporting British farmers. If you're a business or organisation passionate about supporting the farming community, **we'd like to work with you!**

By supporting FCN, you can make a positive difference to thousands of farming families.

Contact FCN on help@fcn.org.uk or call **01788 510866** to discuss working with us.

Help us continue our work by donating to FCN

FCN relies solely on donations and grants in order to support the farming community. Any donation to support our work is greatly appreciated and makes a huge difference.

Please visit fcn.org.uk/donate for information about setting up a standing order or to download a Gift Aid declaration form. Or donate online right now by scanning this QR code.



Support future generations of farmers by leaving a legacy

Leaving a gift to FCN in your will is a wonderful way to support our work. Your gift means that we can continue to help future generations of British farmers and support families for years to come. Your gift will:

- Ensure our volunteers can continue to support farming families
- Support the running costs of our Helpline
- Help us reach out to more people
- Assist farmers in building strong, sustainable businesses

Visit our website to find out more about leaving a gift to FCN in your will: fcn.org.uk/leave-a-gift-in-your-will



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@FCNFarmWell

The Farming Community Network

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