

Legacy in the Community

Building communities for a better future.

Registered Charity Number: 1196556



Working on Wellbeing (WoW)

WoW is a programme that offers support and training to people who live with disabilities and long-term health conditions.

To be eligible, candidates must:

- Identify with having a disability/condition (no proof is required)
- Be unemployed, 16 or over and living in Wales



LitC are helping to deliver '**Starting Line**' in West Wales and Powys, which is a pre-employment programme for disabled people beginning their journey into work. For seven weeks, employment advisors (EA's) will:

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|--------------------------|--|
| ✓ Set goals and targets | ✓ Guide searches for opportunities |
| ✓ Build CVs | ✓ Help develop communication skills |
| ✓ Provide 1:1 support | ✓ Encourage conversations about disability |
| ✓ Build workplace skills | ✓ Assist in interview preparation |

Working on Wellbeing



Contact Us:

To be referred, email: info@litc.uk
West Wales EA: rhiannon@litc.uk
Powys EA: russ@litc.uk