

SCOPE

= Equality for
disabled people

Working
on Wellbeing



Working on Wellbeing

Employment support for disabled
people in Wales

Gweithio ar Les

Cymorth cyflogaeth i bobl anabl
yng Nghymru



Working on Wellbeing is an employment training and support service for disabled people in Wales. We will work with you to develop a programme around your career goals and how you can achieve them.

Rhaglen hyfforddi a chymorth cyflogaeth i bobl anabl yng Nghymru yw Gweithio ar Les. Byddwn yn gweithio gyda chi i ddatblygu rhaglen o amgylch eich nodau gyrfa a sut y gallwch eu cyflawni.

Working on Wellbeing will support you to:

- understand your career goals
- grow in confidence, assertiveness and independence
- write your CV
- develop your interview skills
- find and apply for volunteering, training or employment opportunities
- talk about disability in the workplace

Bydd Gweithio ar Les yn eich cefnogi i:

- deall eich nodau gyrfa
- magu hyder, penderfyniadau ac annibyniaeth
- ysgrifennu eich CV
- datblygu eich sgiliau cyfweld
- dod o hyd i gyfleoedd gwirfoddoli, hyfforddi neu gyflogaeth a gwneud cais amdanynt
- siarad am anabledd yn eich lle gwaith

Contact us:

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