

Pembrokeshire Registered Charity No. 1135718

Supporting parent/carers with a young person on the autism spectrum

Pre and Post Assessment

Connecting and understanding how autism affects our young people is the key to supporting our children.

We offer:

- Helpline service Offering a friendly listening ear along with ideas and solutions/resources
- Peer Parent/Carer Support Coffee Groups A chance to meet other families and share any concerns, to know you are not alone.
- Autism Advice Workshops for Parent/Carers Covering a range of different topics with lots of great information and strategies to support your young person.

Like our Facebook Page ASD Family Help – Pembrokeshire to be kept up to date with all of our events and see our regular Top Tips that we post.

Please contact Melissa if you have any questions <u>melissa@asdfamilyhelp.org</u> or text/phone: 07384 733658

Funded By

