<u>Monday</u>		Wed
Messy Monsters Day Nursery	8:00am—6:00pm	Messy Monsters Day Nu
CF39 Café	8:00am—1:30pm	CF39 Café
Citizens Advice (Drop In)	9.30am—11.30pm	Scissor Twister Hair Salo
Recycling Arts & Crafts	10:00am—12.00pm	Mothers and toddlers
Knit and Natter	10:00am—12:30pm	Men's Shed
Zumba Gold	1:00pm-1:45pm	Community Gardening @
Chair Yoga	2:15pm-3:00pm	Table tennis
After School Club (Arts & Crafts)	3:15pm—4.45pm	After School Club (Enviro
Youth Club	5:30pm—8:00pm	Youth Club

<u>Wednesday</u>

Messy Monsters Day Nursery	8:00am—6:00pm
CF39 Café	8:00am—1:30pm
Scissor Twister Hair Salon	9:00am—3:00pm
Mothers and toddlers	10.00am—12:00pm
Men's Shed	10:00am—12:00pm
Community Gardening @ GGCA	10.00am—4.00pm
Table tennis	12:30pm—2.00pm
After School Club (Environmental)	3:30pm—5:00pm
Youth Club	5:30pm—8:00pm
Sparks Junior/Senior Netball*	6pm-7pm/7pm-8pm

<u>Thursday</u>

Messy Monsters Day Nursery	8:00am—6:00pm
CF39 Café	8:00am—1.30pm
Scissor Twister Hair Salon	9:00am—6:00pm
Knit and Natter	10:0am—12.30pm
Cookery Classes	10:00am-12.00pm
Bingo	12:00pm—1:00pm
Community Allotments	10.00am—4.00pm
After School Club (Free Play)	3:30pm—5:00pm
Karate*	6:00pm—7:00pm

<u>Tuesday</u>

Messy Monsters Day Nursery	8:00am—6:00pm
CF39 Café	8:00am—1.30pm
Scissor Twister	9:00am—3:00pm
Brighter Journeys	10:00am—12:00pm
Pottery	11:00am—1:00pm
After School Club (Cooking)	3:30pm—5:00pm
Youth Club	5:30pm—8:00pm
RCT Sports Netball*	5.00pm—7.00pm
Karate*	7:00pm—8:00pm

Special Notices

CLIMATE ACTION PROJECTS ENVIRONMENTAL PROJECTS UPCOMING ACTIVITIES/EVENTS PLAYSCHEME 28TH OCTOBER-1ST NOVEMBER (NO FORM = NO ENTRY) Call us on 01443 675004 for more details *indicates clubs run by external groups

<u>Friday</u>

Messy Monsters Day Nursery	8:00am—6:00pm
CF39 Café	8:00am—1:30pm
Scissor Twister Hair Salon	9:00am—3:00pm
Gilfach U8s Football*	4:00pm—5:00pm

<u>Saturday</u>		
CF39 Cafe	8:00am—11.30pm	
Scissor Twister Hair Salon	8:00am—2:00pm	

www.ggca.org.uk



Conference Room Hire

Conference Room available for up to 40 seated



Conferences,









In partnership with FareShare Cymru we have items of fresh, frozen and ambient products available—fresh deliveries

gilfach.goch community.association @ggcarct

What's Also Happening at your local centre:

- **Day Nursery** ٠
- **Employment Advice and CV support**
- Citizens Advice Bureau •
- CF39 Café
- Mothers and Toddlers
- Sports Karate, Football, Netball, Rugby
- Table Tennis
- Men's Shed
- Parent & Toddlers
- Cooking Classes
- Arts and crafts/Knit & Natter/Pottery
- Gardening Group
- Leigh Lawry Accountants

FREE PARKING

Find out more on...

01443 675004

www.ggca.org.uk

Facebook: gilfachgoch.communityassociation

Twitter: @ggcarct

What's On..

...at GGCA







Find out more at.... Gilfach Goch Community Association Cambrian Avenue, Gilfach Goch, CF39 8TG What3words: cabinet.shadowed.suffice (Opposite the Fire Station)

every Monday.