

Volunteer

We currently have volunteering opportunities for:
Luncheon club - cooks and waiting staff,
Garden club - general maintenance and ground preparation,
Cookery course - helpers
Please contact the centre for more info.

In the future:

We are working with Kaleidoscope Brecon to pilot a social/peer support session for people recovering from addictions called Peace of Cake.
We have plans to renovate a neglected garden area and create an insect-friendly garden, working with local children.
We are hoping to work with Priory School to help create a new vegetable patch for the school garden.

THANK YOU!

Other projects at the centre

- St. John's Family Centre is proud to house Brecon Foodbank and has rooms and offices available to let for other projects, charities or anybody interested.
- We are currently working to become Dementia Friendly.
- We are working with local people to provide talks and entertainment after our luncheon club and would like to particularly thank Angus Kings for his support.
- There are weekly ESOL classes run at the centre by NPTC Beacons Campus.
- Rainbow Nursery runs Tuesdays to Fridays in the mornings.



@john_centre



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<http://www.swanseabrecon.org.uk/>

Charity no. 239606

Want to receive a quarterly newsletter? Email us!

ST. JOHN'S CENTRE

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St John's Centre

Current projects and services for your local community at your local community centre.



Your community
centre
is here for you!

St John's centre is funded by charitable donations and exists to bring services directly to the community to help people improve their physical and mental well-being. We currently run several projects aimed at everyone, whatever your age or mobility.

We aim to work with the Brecon community to offer services and projects that YOU enjoy, please pop round at any time to check us out!



Our current projects include:

Luncheon Club - Monday at 1.00

Gardening Club - Thursday

afternoon or morning

Food Co-op - Fridays, order on

Wednesday

Foodbank - Tuesdays and Fridays

Kids Kitchen! - Wednesday at 3.30

Luncheon Club



Every Monday afternoon from 1.00 to 2.00 we have a luncheon club for over 50s to come together for lovely home-made dinner and pudding. We have a great group of regulars who come round and enjoy each other's company, socialise and gossip! We are now developing an after-dinner friendly group with music, talks and quizzes for your enjoyment.

Community Garden

Currently running 2 hours a week, the community garden is for everyone from kids to pensioners, beginners to experts. We grow fresh vegetables for members to enjoy growing and eating. Be prepared to do everything from digging to weeding to planting, tending crops and picking the results for your dinner table. We also use produce for our other projects.



Food Co-Op

Our Food Co-op brings your family fresh, quality produce at wholesale prices. You can get bags of veg, fruit or salad, at only £3 per bag, stew pack is £2 and a bag of potatoes is £2, free range eggs for only £1 for six! Order by Wednesday afternoon and collect on Friday between 12.30 and 3.30pm. This really is a great saving, so don't miss out!



Brecon Foodbank

Every Tuesday afternoon from 2.30 to 3.30 and Friday mornings from 11.00 to 1.00, Brecon Foodbank caters for local people in financial crisis. Foodbank provides clients with a balanced diet of non-perishable food for three days. They work through system of referral agencies, but emergency supplies can also be collected from the centre whenever the main office is open. Just ask!



Cooking project!

Healthy cookery club

We now have 3 cooking projects, all of which are based around entry level cooking skills and the Eat Well Guide.

We have a weekly after-school club for kids and parents, plus 2 adult basic cookery courses. There is Eat Well, Spend Less, developed by the Trussell Trust, and Get Cooking!

Which is a level 1 course accredited by Agored Cymru. Please contact the centre for more details. Days and times are arranged with learners.

