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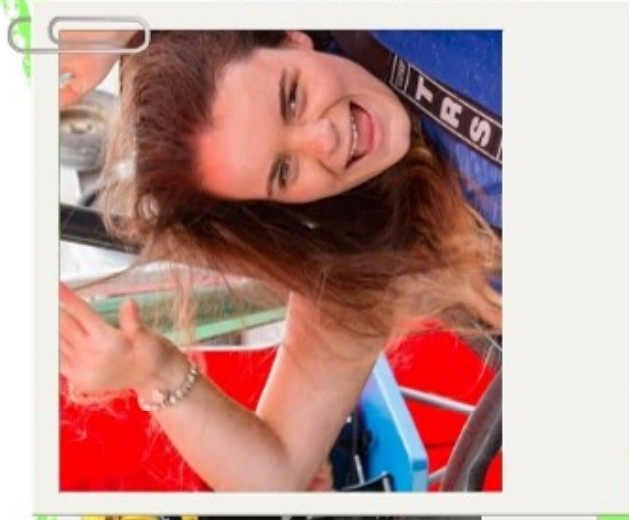
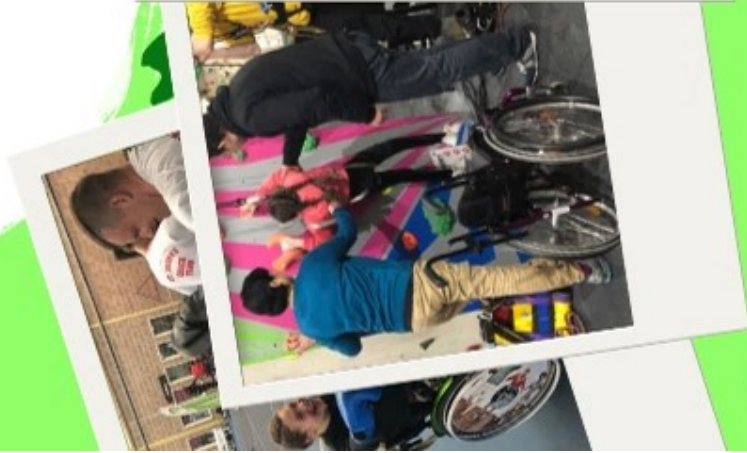
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2019

Whizz-kidz

move a life forward

CLUB PLANNER



SOUTH WALES

WHAT ARE WHIZZ-KIDZ CLUBS?

Our Whizz-Kidz Clubs (youth clubs) are a place for young wheelchair users aged 12-25 to meet up, make friends and have fun! We do everything from music, dance, art, sports,, cooking, trips and a whole lot more.

At clubs you will improve your:

**INDEPENDENCE - SOCIAL SKILLS - LEADERSHIP
EMPLOYABILITY - & HEALTH AND WELL-BEING**

The club activities are chosen by young people, for young people - so make sure you have your say about what you'd like to see us do next year.

Health care is provided at clubs to allow young people to attend independently from their parent/carer if they wish





CLUB DATES

PEMBROKESHIRE - CARMARTHEN - SWANSEA - CARDIFF - GWENT

2nd February - Swansea - James Boffin Science Workshop

16th February - Cardiff - Disability Sports Day

2nd March - Pontypool - James Boffin Science Workshop

16th March - Swansea - Rock Painting Workshop

30th March - Pembrey - Adapted Dry Slope Skiing

13th April - Cardiff - James Boffin Science Workshop

27th April - Gwent - Volunteering at the Animal Sanctuary

12th May - Pembroke - Virtual Reality Experience

25th May - Pontypool - Bake-Off

8th June - Cardiff - Celebrating Diversity Event

22nd June - Swansea - Surfability & Water Sports

13th July - Barry Island - Surfability & Water Sports

21st July - Swansea - Wellness Workshop

31st August - Cardiff - Kindness in the Community

14th September - Swansea - Kindness in the Community

28th September - Newport - Kindness in the Community

19th October - Cardiff - Rock Climbing

2nd November - Swansea - Volunteering at the RSPCA Shelter

1st December - Cardiff - Wellness Workshop

SWANSEA

Whizz-kidz Club

SATURDAY 2ND FEB

James Boffin Science Workshop

WHAT ARE WE DOING?

At this club you will meet
Secret Science Agent UU7 - **JAMES BOFFIN**.

Boffin will perform plenty of clever
experiments, magic illusions and amazing
explosions to teach us about the power of
science. So come along and help James
Boffin complete his next mission!



WHERE IS IT?

The National Waterfront Museum,
Oystermouth Rd, Swansea, SA1 3RD.



WHAT TIME?

11am - 3pm

HOW DO I BOOK A SPACE?

07867128154

 j.simonson@whizz-kidz.org.uk



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CARDIFF

Whizz-kidz Club

SATURDAY 16TH FEB

Disability Sports Wales Taster Sessions

WHAT ARE WE DOING?

At this club you will get to try a number of sports and activities like BOCCIA, Tennis, Badminton, Rugby, Table Cricket, New Age Curling, and Dance.

It's a great opportunity to try out some new sports and get information about what sports clubs are happening near you.



WHERE IS IT?

The National Indoor Athletics Centre,
Cyncoed Rd, Cardiff CF23 6XD.

WHAT TIME?

11am - 3pm

HOW DO I BOOK A SPACE?

 07867128154

 j.simonson@whizz-kidz.org.uk



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GWENT

Whizz-kidz Club

SATURDAY 2ND MARCH

James Boffin Science Workshop

WHAT ARE WE DOING?

At this club you will meet

Secret Science Agent UU7 - **JAMES BOFFIN**.

Boffin will perform plenty of clever experiments, magic illusions and amazing explosions to teach us about the power of science. So come along and help James

Boffin complete his next mission!



WHERE IS IT?

National Star College, Mamhilad Park
Estate, Pontypool, NP4 0HZ.

WHAT TIME?

11am - 3pm

HOW DO I BOOK A SPACE?

 07867128154

 j.simonson@whizz-kidz.org.uk



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SWANSEA

Whizz-kidz Club

SATURDAY 16TH MARCH

#WhizzKidzRocks Art Workshop



WHAT ARE WE DOING?

Have you heard about the Rock Painting phenomenon that has taken over social media? We are going to be painting rocks with positive images and messages of kindness to spread happiness and joy across Wales. How far can we spread the hashtag - #WhizzKidzRocks? Lets get painting and get people smiling!



WHERE IS IT?

The National Waterfront Museum,
Oystermouth Rd, Swansea, SA1 3RD.



WHAT TIME?

11am - 3pm

HOW DO I BOOK A SPACE?

 07867128154

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CARMARTHEN

Whizz-kidz Club

SATURDAY 30TH MARCH

Dry Slope Skiing

WHAT ARE WE DOING?

At Pembrey Country Park they have a dedicated team of professionals that have worked hard to adapt their dry ski slope into a wheelchair accessible activity. You will be guided down the slope by a ski instructor who will go as fast or slow as you please. Adrenaline junkies welcome!



WHERE IS IT?

Ski Pembrey, Pembrey Country Park,
Llanelli, Carmarthenshire, SA16 0EJ.

WHAT TIME?

12:30 - 4pm

HOW DO I BOOK A SPACE?

 07867128154

 j.simonson@whizz-kidz.org.uk

LIMITED SPACES!



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CARDIFF

Whizz-kidz Club

SATURDAY 13TH APRIL

James Boffin Science Workshop

WHAT ARE WE DOING?

At this club you will meet
Secret Science Agent UU7 - **JAMES BOFFIN**.

Boffin will perform plenty of clever experiments, magic illusions and amazing explosions to teach us about the power of science. So come along and help James Boffin complete his next mission!



WHERE IS IT?

The Wales Millennium Centre,
Bute Place, Cardiff Bay, CF10 5AL.

WHAT TIME?

11am - 3pm

HOW DO I BOOK A SPACE?

 07867128154

 j.simonson@whizz-kidz.org.uk



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GWENT

Whizz-kidz Club

SATURDAY 27TH APRIL

Volunteering at the Animal Sanctuary

WHAT ARE WE DOING?

Join us as we give back to our community and learn about animal care at the All Creatures Great and Small Sanctuary in Gwent. They've got everything from rabbits, cats, and dogs to goats, horses, alpacas and pigs. All creatures deserve great care, so come down and help make a difference to our furry friends.



WHERE IS IT?

All Creatures Great and Small Sanctuary,
Church Rd, Cwmbran, NP44 8AD



WHAT TIME?

11am - 3pm

HOW DO I BOOK A SPACE?

 07867128154

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GWENT
WOMEN'S
FOOTBALL
LEAGUE

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PEMBROKE

Whizz-kidz Club

SUNDAY 12TH MAY

Virtual Reality Gaming Experience

WHAT ARE WE DOING?

We've booked exclusive use of Wales' first VR gaming arcade with 10 fully immersive VR pods. With the help of VR technology, you can do anything you like: you can fly, you can ride the world's highest roller coasters, you can climb Everest, you can swim with a Blue Whale - whatever your dream, VR can make it happen.



WHERE IS IT?

Imagination VR,
93b Main St, Pembroke SA71 4DB.

WHAT TIME?

11:30am - 2pm

HOW DO I BOOK A SPACE?

07867128154

 j.simonson@whizz-kidz.org.uk

LIMITED SPACES!



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GWENT

Whizz-Kidz Club

SATURDAY 25TH MAY

#WhizzKidzRocks Art Workshop

WHAT ARE WE DOING?

Calling all aspiring bakers: We are going to have a private baking class with Nick from the award winning One Mile Bakery where we will cook up an selection of breads and cakes. We will need some parents to volunteer as guest judges at the end of the day to choose our winner of The Great Whizz-Kidz Bake-Off!



WHERE IS IT?

National Star College, Mamhilad Park
Estate, Pontypool, NP4 0HZ.



WHAT TIME?

11am - 3pm

HOW DO I BOOK A SPACE?

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CARDIFF

Whizz-kidz Club

SATURDAY 8TH JUNE

Celebrating Diversity Event

WHAT ARE WE DOING?

This day is all about celebrating what makes us different. We are going to be visited by many inspirational people from all sorts of different backgrounds that want to share their stories with you and get to know what makes you different. So feel free to come along and meet some amazing people.



Daniel Biddle
7/7 Survivor



WHERE IS IT?

The Wales Millennium Centre,
Bute Place, Cardiff Bay, CF10 5AL.



Nath Fernandes
CP Hero



WHAT TIME?

11am - 3pm

HOW DO I BOOK A SPACE?

 07867128154

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SWANSEA

Whizz-kidz Club

SATURDAY 22ND JUNE

Surfability and Water Sports

WHAT ARE WE DOING?

Back by popular demand - we are going surfing again! The team at Surfability have specially adapted a fleet of surfboards and beach buggies to enable all abilities to take part in an authentic surfing experience. Wet-suits, a hoist and changing table are provided at the surf school.



WHERE IS IT?

Caswell Bay Beach,
Gower, SA3 3BS.

WHAT TIME?

12pm - 4pm

HOW DO I BOOK A SPACE?

 07867128154

 j.simonson@whizz-kidz.org.uk



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CARDIFF

Whizz-kidz Club

SATURDAY 13TH JULY

Surfability and Water Sports

WHAT ARE WE DOING?

Back by popular demand - we are going surfing again! The team at Surfability have specially adapted a fleet of surfboards and beach buggies to enable all abilities to take part in an authentic surfing experience. Wet-suits, a hoist and changing table are provided at the surf school.



WHERE IS IT?

Whitmore Bay Beach, Barry Island,
Vale of Glamorgan, CF62 5TJ



WHAT TIME?

12pm - 4pm

HOW DO I BOOK A SPACE?

 07867128154

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SWANSEA

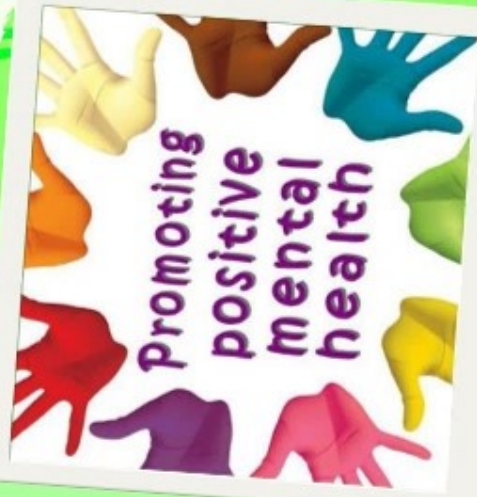
Whizz-kidz Club

SATURDAY 21ST JULY

Wellness Workshop

WHAT ARE WE DOING?

The focus of this workshop is to improve your overall wellness through music, mindfulness and dance. It is a chance to relax, unwind and focus on your mind and body connection. We will then look at the power of music in changing your mood, bringing back memories and how it affects your feelings.



WHERE IS IT?

YMCA Swansea,
1 The Kingsway, Swansea SA1 5JQ

WHAT TIME?

11am - 3pm

HOW DO I BOOK A SPACE?

 07867128154

 j.simonson@whizz-kidz.org.uk



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DANCE &
WELLBEING
FUNDING

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CARDIFF

Whizz-kidz Club

SATURDAY 31ST AUG

Kindness in the Community

WHAT ARE WE DOING?

We are going to be painting rocks with positive images and messages of kindness to spread happiness and joy across Cardiff. How far can we spread the hashtag - #WhizzKidzRocks?

Lets get painting and hide some rocks of kindness across Cardiff Bay!



WHERE IS IT?

The Wales Millennium Centre,
Bute Place, Cardiff Bay, CF10 5AL.

WHAT TIME?

11am - 3pm

HOW DO I BOOK A SPACE?

07867128154



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SWANSEA

Whizz-kidz Club

SATURDAY 14TH SEPT

Kindness in the Community

WHAT ARE WE DOING?

Our Swansea group have created a collection of painted rocks with positive images and messages of kindness to spread happiness and joy across Swansea. At this club, we need helpers to hide the rocks along the Swansea coastal path. How far can we spread the hashtag - #WhizzKidzRocks?



WHERE IS IT?
Croeso Lounge, Unit 2,
Oyster Wharf, Mumbles SA3 4DN



WHAT TIME?
12pm - 3pm

HOW DO I BOOK A SPACE?
07867128154
j.simonson@whizz-kidz.org.uk



GWENT

Whizz-Kidz Club

SATURDAY 28TH SEPT

Kindness in the Community

WHAT ARE WE DOING?

We are going to be painting rocks with positive images and messages of kindness to spread happiness and joy across Newport. How far can we spread the hashtag - #WhizzKidzRocks?

Lets get painting and hide some rocks of kindness across Newport City Centre!



WHERE IS IT?

Starbucks, John Frost Square,
Newport NP20 1EA



WHAT TIME?

12pm - 3pm

HOW DO I BOOK A SPACE?

 07867128154

 j.simonson@whizz-kidz.org.uk



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CARDIFF

Whizz-kidz Club

SATURDAY 19TH OCT

Rock Climbing

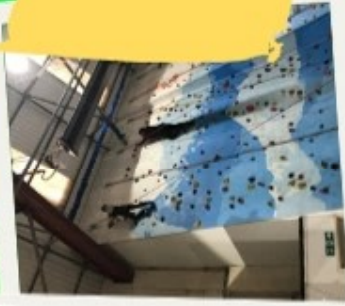
WHAT ARE WE DOING?

We are going Rock Climbing at the amazing Boulders Indoor Climbing Centre. Their specially trained staff and range of harness options make rock climbing an accessible activity for all to enjoy. Do you think you can make it to the top? Time to push yourself out of your comfort zone!



WHERE IS IT?

Boulders Indoor Climbing Centre,
Pengam Rd, Cardiff, CF24 2RZ



WHAT TIME?

12pm - 5pm

HOW DO I BOOK A SPACE?

 07867128154

 j.simonson@whizz-kidz.org.uk



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SWANSEA

Whizz-kidz Club

SATURDAY 2ND NOV

Volunteering at the Animal Shelter

WHAT ARE WE DOING?

Join us as we give back to our community and learn about animal care at the Llys Nini RSPCA centre. They've got hundreds of animals needing care while searching for their forever homes. All animals deserve great care, so come down and help make a difference to our furry friends.



j.simonson@whizzkidz.org.uk
WHERE IS IT?

All Creatures Great and Small Sanctuary,
Church Rd, Cwmbran, NP44 8AD



WHAT TIME?

11am - 3pm

HOW DO I BOOK A SPACE?

 07867128154

 j.simonson@whizz-kidz.org.uk



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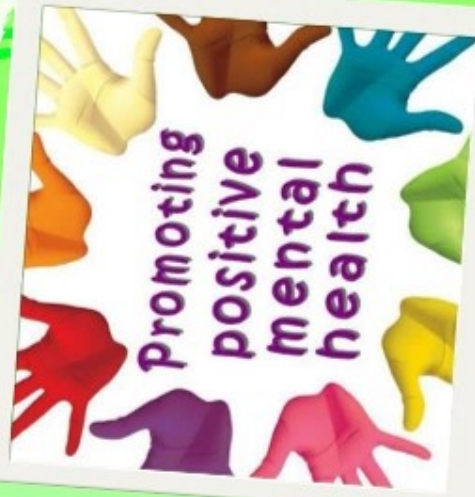
Whizz-kidz Club

SUNDAY 1ST DEC

Wellness Workshop

WHAT ARE WE DOING?

The focus of this workshop is to improve your overall wellness through music, mindfulness and dance. It is a chance to relax, unwind and focus on your mind and body connection. We will then look at the power of music in changing your mood, bringing back memories and how it affects your feelings.



WHERE IS IT?

The Wales Millennium Centre,
Bute Place, Cardiff Bay, CF10 5AL

WHAT TIME?

11am - 3pm

HOW DO I BOOK A SPACE?

 07867128154

 j.simonson@whizz-kidz.org.uk



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Hello!

From Jayne and
the team at Whizz-Kidz
in Wales.



Hope to see you soon!

Hello to my Whizz-Kidz old and new.
I'm Jayne and I'm the Service Delivery Manager
for Whizz-Kidz in Wales. If you've got any
questions about any services you'd like to get
involved with, don't hesitate to contact me.

Our services include:

WHIZZ-KIDZ CLUBS - WHEELCHAIR SKILLS TRAINING
EMPLOYABILITY SKILLS DAYS - WORK PLACEMENTS
CAMPAIGNING - RESIDENTIAL CAMPS

CONTACT DETAILS



07867128154



@ Jayne

Whizz-Kidz Wales



j.simonson@whizz-kidz.org.uk



WHIZZ-KIDZ CLUBS



**WHEELCHAIR SKILLS
TRAINING**



MOBILITY EQUIPMENT

FOR MORE INFO...



07867128154



@ Jayne

Whizz-Kidz Wales



j.simonson@whizz-kidz.org.uk



www.whizz-kidz.org.uk



CAMP WHIZZ-KIDZ



**WORK PLACEMENTS
& EMPLOYABILITY**



VOLUNTEERING